



# Being Healthy - Jan 2017

- Why should we drink?
- What is healthy to eat?
- What does an optician do?
- What can we see?
- Do we really need coats?
- Who knows the clever way to wash our hands?
- Do we know anyone who has been to hospital?
- Our teeth and smiley the crocodile
- Let us role play a doctors surgery
- Can we measure each other to see how we grow?
- Why can't we eat sweets all day?
- Why do we get tired and cross when we spend a long time on the computer or the television?
- What happens to us when we sleep?
- What is an audiologist?
- Why should we tell Mum when our shoes hurt?
- What different types of 'ouch' can we think of?
- How do we feel when we are healthy?
- Who can try something new today?